

LESSON PLAN**UNIT** Health**GRADE** 6-8 Grades**THEME** Substance Abuse and Treatment**EQUIPMENT** Computer w/Internet Access
Worksheet**LEARNING OUTCOMES:**

Students will be able to:

1. Describe the effects of drugs on the human body, both short-and long-term consequences
2. Create personal approaches to substance abuse control and prevention

TIME	LESSON CONTENT – ACTIVITY
20 minutes	<p>Introductory Activities:</p> <p>Provide an introduction to the lesson by having students view “Project Alert Online Learning Demo” Flash Interactive lesson at http://www.projectalert.com/previews.asp?bhcp=1</p>
	<p>Main Learning Activities:</p> <p>Students will view presentation at www.k8websites.com 6-8 Grade Level, “Substance Abuse”. Students should complete worksheet while viewing lesson presentation.</p>
	<p>Curriculum Standards</p> <p>Standard: Understands aspects of substance use and abuse</p> <p>Benchmarks: Knows the factors involved in the development of a drug dependency and the early, observable signs and symptoms (e.g., tolerance level, drug-seeking behavior, loss of control, denial)</p> <p>Benchmark: Knows the short- and long-term consequences of use of alcohol, tobacco, and other drugs (more specifically for this lesson), (e.g., physical consequences, psychological consequences, and social consequences)</p>
	<p>Closure: Discuss the following questions with the class:</p>

	<ol style="list-style-type: none">1. What are your options if someone offered you drugs at school?2. What can you do when it is hard to say "no" when drugs are offered over and over?3. Do drugs scare you? If so, how?4. What could you do if you see someone using drugs at school?5. Is it "normal" to just try drugs? How would you define the word temptation?6. What could you do if you think a friend is on drugs (high) while at school?7. How "easy" do you think it is to get drugs at school?
	<p>Additional Resources: More resources can be found at: http://www.projectalert.best.org/Default.asp?bhcp=1</p> <p>“The Choking Game” http://www.msnbc.msn.com/id/8995984/</p> <p>Resource Center at: http://www.nida.nih.gov/NIDA_Notes/NNVol12N5/MOMTearoff.html</p>